



Get up and move your body Come and join the party Get up and move your body Time to get it started

Step to the left
Step to the right
Hands on your hips
Knees in tight
Do a little wiggle
Down to the ground now
1 2 3 jump around!

123 jump around!

Get up and move your body Come and join the party Get up and move your body Time to get it started Step to the left
Step to the right
Hands on your hips
Knees in tight
Wiggle wiggle
Down to the ground
1 2 3 jump around!

123 jump around!

Get up and move your body Come and join the party Get up and move your body Come and join the party Get up and move your body Come and join the party Get up and move your body Come and join the party Get up, get up!

